HEALTH & SPORTS

PERFORMANCE

<u>Emergency Action Plan</u>: Football Practice Fields 420 Hill Drive University, MS 38677

Practice Personnel: Certified Athletic Trainers on site, Physician on-call for practice and conditioning. **Gameday Personnel**: No games at this site.

Emergency Equipment: AED, splint bag, oxygen tank, bolt cutters, ice towels, Red emergency kit (BVM, suction kit, OPA kit, pulse oximeter, BP cuff, inhalers, epi-pen, thermometer) are located on the medical cart parked on the west side of the practice fields beside the gate located off of Hill Drive. Spine board- located on equipment pad near medical cart.

-Outdoor full body immersion cold tank located by the middle double doors along the west side of the Manning Center (as deemed necessary for weather conditions). Indoor full body immersion cold tank located in the Manning Center athletic training room.

-Conditioning equipment- All equipment noted above with the exception of spine board- located in the athletic training room during conditioning.

Role of the First Responders:

- 1. Immediate care of the injured or ill student athlete.
- 2. Emergency Equipment retrieval.
- 3. Activation of emergency medical system (EMS).
 - a. 911 call (provide name, address, telephone number, number of individuals injured, condition of the injured, first aid treatment, specific directions, any other information that is needed. DO NOT HANG UP UNTIL THE EMS OPERATOR HANGS UP.
 - b. Campus police (662-915-7234) respond to 911 calls.
- 4. Direction of EMS to scene
 - a. Open appropriate gates and doors.
 - b. Designate individual to meet EMS at the site and direct them to injured.
 - c. Scene Control: limit scene to first aid providers and move bystanders from the area.

Venue Directions: located off of East Stadium Drive.

- 1. Gate located directly off of Hill Drive past the row of parking spots adjacent to the practice field.
- 2. Emergency airlift will take place on in-field of the track.



This Emergency Action Plan should be utilized for (but not limited to) the following emergency medical situations:

Cardiac arrest Exertional heat stroke Asthma Exertional collapse associated with sickle cell trait Any exertional or non-exertional collapse Mental health emergency

After EMS arrives:

EMS will transport to Baptist Memorial Hospital- North Mississippi or to other location deemed appropriate by EMS personnel.

As time permits, Certified Athletic Trainer will notify Medical Director and Assistant A.D. for Sports Medicine/Executive Associate A.D. of the injury/illness, emergency care procedures, and treatment plan.

Following Emergency Care:

Certified Athletic Trainer completes the "Emergency Care Post-Incident" form and/or documents the incident in the Sports Medicine injury tracking system- identifying all personnel involved, personnel roles, emergency care procedures, treatment plan, and any other information deemed necessary to document.

Other Emergency Operations:

Emergency Management Team is comprised of at minimum: Athletic trainer/s, team physician/s, EMS personnel, facility management personnel.

- 1. Emergency action plan is reviewed and rehearsed annually with the Emergency Management team (Complete and submit "Emergency Action Plan Annual Rehearsal and Review" form)
- 2. Development of any new emergency action plans involve the Emergency Management team
- 3. All athletic trainers and strength and conditioning coaches maintain CPR/AED certification
- 4. Athletic trainer conducts monthly AED check offs
- 5. Athletic trainer conducts monthly emergency equipment check offs
- 6. Athletic trainer reviews Emergency Action Plan with coaching staff annually
- 7. Full-body ice water immersion will be readily available during warm weather events and fall pre-season training
- 8. Rectal thermometry will be used to measure core body temperature of exertional heat injury emergencies